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Moldaw Family Residences at 899 Charleston Names New Executive Chef

PALO ALTO, Calif.: When Chef Bart Fregoso steps out of the kitchen and walks across the dining room to personally discuss the merits of each dish on his menu, he'll know each diner he talks with as a "regular." In his new position as the executive chef at Moldaw Family Residences at 899 Charleston, Fregoso's number one priority, besides the taste of each offering his team prepares, is keeping the menu new and fresh, but with a healthy mix of traditional favorites. Moldaw Family Residences, the brand-new senior living community on the Taube Koret Campus for Jewish Life (TKCJL), located at East Charleston and San Antonio Road in Palo Alto, is set to welcome its first residents this month.

"I want residents to feel like they're getting the opportunity to discover a new restaurant every night, while also knowing they can fall back to their comfort foods," said Fregoso. "Because I'll really have the opportunity to get to know and build personal relationships with residents, I look forward to shaping my dishes to their tastes and preferences. I'm thrilled to be a part of the Moldaw Family Residences team, because we'll provide the same exceptional dining experience I'm used to dishing up. But the reward is much sweeter."

As executive chef, Fregoso is in charge of everything from planning menus and following kosher preparation and cooking guidelines, to making sure each meal looks and tastes delicious.

Fregoso comes to Moldaw Family Residences with 10 years of experience in the culinary arts industry. He most recently served as executive chef of Ovation Food Services, traveling across the U.S. and Canada to open kitchens and launch new dining venues. Prior to that, Fregoso was the executive chef at Mountain Winery in Saratoga, Calif. He received his associate in occupational studies (A.O.S.) degree in culinary arts from the California Culinary Academy in San Francisco, Calif.

"One of the reasons we wanted Chef Bart to be a part of our team is that his experience ranges from quick, café-bistro type dishes to 'night on the town' style meals," said Marilyn Israel, executive director at Moldaw Family Residences. "The flavors he will create for residents will really complement all the choices we have on our campus to satisfy any appetite."

Residents at Moldaw Family Residences will be able to order from a full menu of restaurant choices, including private dining, fine dining, casual fare, kosher or carry-out. The community's primary restaurant, which is centrally located between two courtyards, features extended outdoor terraced areas, creating both indoor and al fresco fine dining. A private dining room adjacent to the restaurant can also be reserved for family dinners and special events. Residents and guests will have the flexibility to enjoy delicious meals in a variety of settings across the Moldaw Family Residences campus, through a dining card club program.

"I'll use my experience in the kitchen and step things up a notch for my new diners," said Fregoso. "Additionally, I'll create a terrific kosher menu to complement the variety of exciting dishes we'll prepare each night. I'm looking forward to providing excellent service and excellent food to residents."

Moldaw Family Residences consists of 193 maintenance-free apartment homes, with private residences scattered throughout several buildings that also serve other functions on the TKCJL. Residents will also have a complimentary membership to the new Oshman Family Jewish Community Center (OFJCC), which will offer a rich variety of educational, cultural and wellness programming, as well as meeting areas, fitness amenities and more.

The community's maintenance-free lifestyle will include services and amenities such as concierge assistance, housekeeping and linen services, valet parking, scheduled local transportation, a beauty salon and more.

As a continuing care retirement community, Moldaw Family Residences will support residents' access to future health care, if ever needed. Personalized assisted living services will be available, and the community includes memory support suites. Residents will also have priority access to skilled nursing care through affiliation with the Jewish Home of San Francisco and select local providers.

The dynamic lifestyle available at Moldaw Family Residences can be seen when you schedule a personal tour of the community by calling (650) 433-3629. Information on Moldaw Family Residences is also available on the Internet at www.899Charleston.org.

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